

## I. Reading Suggestions (Word of Life: One Year Bible Study)

One of the required habits of spiritual maturity is "Spending time in the Word of God". Before we begin, take some time out to review your materials from class 201: Discovering Spiritual Maturity at NLCF ("How to get a grasp on your Bible"). In addition, take the time to become familiar with the "Survey of the Bible" (included) which provides a "historical" overview and overall perspective for the next 365 days of study.

(Note: the more you prepare, the more meaningful the journey through the Scriptures will be!)

Here are just a few "Highlighted" Suggestions to get *you* started:  
"How to get a Grasp On Your Bible"

(1). **Maximize Study:** (Ask the Lord for "help" with): -Hearing God's Word (p.8); Reading God's Word (p.9); Studying God's Word (p.11); Memorizing God's Word (p.12); Meditating on God's Word (p.15); Applying God's Word (p.17).

(2). **Establish a Daily Quiet Time:** ("A quiet time is a daily time I set aside to be alone with God to get to know Him through His Word and prayer" p. 20): -Select a Specific Time (p.21); -Choose a Special Place (p.22); -Gather needed Resources (p.22); -Begin with the Right Attitude (p.22); -Follow a Simple Plan: relax, read, reflect, record, request (p.23);

(3). **Read Systematically:** (Follow the One-Year Bible Study- adapted from Tyndale House Publishers, Inc.);

(4). **Stay Focused:** Discipline, discipline, discipline... (p. 24); Avoid Distractions (p. 24); "Battle against the Blabs" (p.24); Be Diligent! (p.25).

(5). **Commitment:** ("I will commit to the habits necessary for spiritual maturity"): Offer a prayer of "commitment" to the Lord-Ask Him to "see you through" this spiritual journey.

"...grow in the grace and knowledge of our Lord and Savior Jesus Christ..."  
(II Peter 3:18a)